



IPMA-VA Members,

Happy belated Valentine’s Day, as well as its complement, Singles Awareness Day. February seems to be flying by and the Executive Board is looking forward to the Spring Conference March 29-April 1 at the Westin Virginia Beach. The agenda is coming together nicely, including a unique opportunity, a mock trial presented by attorneys from Woods Rogers on March 31.

The conference early-bird registration deadline has been extended one week to Friday, February 21. Our room block with the Westin is valid until February 28. The agenda and registration link are posted on the Chapter website (www.ipma-va.org). We estimate the conference will be approved for 15.5 HRCI/SHRM credits (3 business credit) and 7 IPMA credits (pending approval). There has never been a better time to register.

In other Chapter news, we will be going live with a new website soon that will be previewed at the conference. Don’t forget that you can have HR employment opportunities posted, and we have a collection of best practices online. This also means we need your best practices! If you have a job opening to post, or best practice to share, send it to ipmainfo@ipma-va.org.

See you around the state, and be sure to keep an eye on all the legislation being considered by the General Assembly that could affect public sector employers. It is an exciting time indeed.

Josh Didawick
President, IPMA-VA Executive Board



February

Heart Health Month

Raise awareness about heart health and urge those around you to prevent heart disease.

Theme	Ideas
Be physically active together	Share how you’re moving more with others. Have walking meetings. Start a walking club with your church group. Join an exercise class with a neighbor. Share on social media!
Eat healthier together	Share heart healthy recipes with friends. Go grocery shopping with your family for healthy ingredients. Make a heart healthy meal for a potluck. Share on social media!
Track your heart health stats together	Remind each other to keep a log of your blood pressure, healthy weight goals, and physical activity. Share on social media!
Manage stress, sleep better, and quit smoking together	Use your support “squad” to remind each other to stick to the same bedtime every night. Do a stress reducing activity like yoga or meditation together. Tell a friend you’re quitting smoking and ask for their support. Share on social media!

2020 IPMA-VA Spring Conference

March 29 – April 1, 2020

Westin Virginia Beach Town Center

4535 Commerce Street

Virginia Beach, VA 23462

You're Invited!



The dawn of a new decade means fresh starts and new opportunities to increase the level of service your human resources function is providing. Public sector organizations are under increased demands, and HR departments are increasingly called upon to assist management in developing and executing a strategic vision, all while shaping their organizations and developing future leaders in a competitive labor environment. Join your colleagues from around Virginia for 2 ½ days of professional development March 29, 2020-April 1, 2020 at The Westin Virginia Beach Town Center.

There will be an employment law mock trial presented by attorneys from Woods Rogers PLC. Conference attendees will leave equipped with answers to the complex questions facing their organizations through informative legislative updates from the state and federal levels, building resiliency and emotional intelligence, sessions about marijuana and CBD oil, wellness, employee engagement, mental health, and workplace safety.

Employment Mock Trial: Office "Bro-mance" Gone Awry



*You Don't
Want to Miss It!*

Description: At what point does horseplay cross the line into harassment? Does it matter that Plaintiff and Defendant are both heterosexual males? How many episodes of horseplay does management have to observe before the Company is liable for being on notice of sexual harassment? Come render your own verdict on this case at the Mock Trial! Join attorneys from Woods Rogers' Labor and Employment Team for a front row seat in a courtroom (mock) trial followed by jury deliberations and the ultimate decision. After the verdict, the attorneys will discuss the key twists and turns of the case and answer audience questions.

Register now through March 20th

<https://ipma-va.123signup.com/event/details/rbndb>

The early-bird registration rate has been extended through Friday, February 21st. Our room block with the Westin is valid until February 28th. An updated agenda has been posted and registration is available online.

The full conference is estimated to be approved for 15.5 HRCI/SHRM credits (3 business) and 7 IPMA credits (pending approval).

Updated agenda link: <http://ipma-va.org/IPMA-VA%202020%20Conference%20Agenda%20Draft.pdf>

2020

Leadership Retreat

DATE: October 18-20, 2020

LOCATION: To Be Determined

More details to follow.

SAVE
The
DATE

We always welcome volunteers to assist us with our regional events and conferences. Please send us an email if you are able to give us a little of your time!

ipmainfo@ipma-va.org



Don't forget to renew your Annual IPMA-HR Virginia Chapter Membership!

Our fiscal year is July 1st through June 30th (Marissa)



Help
Wanted!



Current Executive Board Members

President: Josh Didawick
 President-Elect: Mary Brunner
 Northern Region Director: Steve Mason
 Western Region Director: Margaret Schmitt
 Central Region Director: Jennifer Carpenter
 Eastern Region Director: Regina Hilliard

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Karen Edmonds Janet Lawson
 Trina Petty Amanda Sumiel



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